

## CLARE HEDIN CURRICULUM VITAE

Phone (USA): 1 (720) 382 8414  
Phone (UK): 07563 775 011  
Email: [clare@clarehedin.com](mailto:clare@clarehedin.com)

Websites: [clarehedin.com](http://clarehedin.com)  
[clarehedinmusic.com](http://clarehedinmusic.com)  
[dynamicemergence.net](http://dynamicemergence.net)  
[theartsforearth.com](http://theartsforearth.com)

Professional sound artist, healer, explorer, researcher, consultant & teacher of Consciousness. British-born, Clare has lived in Bay Area over 25 years. Artist Lecturer @SFSU, teaching 'Creativity, Innovation & Self-Awareness in business, Clare is developing the theory *Dynamic Emergence*:- a practice of interacting with consciousness creatively for the purpose of integral, ethical and vital living. Focus on the relationship between intelligence, creativity and holistic (wisdom) thinking, with an emphasis on our sustainable evolution. As a recording artist, sound healer and performer, she has 7 CDs to date and many singles. She continues to record music and poetry, make and release nature-based slideshows w/original music "Sound Art Meditations". She has developed her own series of educational videos "7 Stages of Self-Transformation" – the first in a series.

### PROFESSIONAL, CREATIVE AND BUSINESS EXPERIENCE

#### PERFORMANCE

- ***Yoga on Labyrinth Music***; Grace Cathedral, SF (01/01/14 - ongoing)
- ***Sacred Music for Labyrinth Walk***; Grace Cathedral, SF, 6-8pm (01/10/14 - ongoing)
- ***Taize Music Labyrinth Meditation***; Grace North Church, Berkeley, CA (2005 - ongoing)
- ***Yoga on Labyrinth***; St. John's Church, Ross (02/11/15 – ongoing)
- ***Wedding Ritual Music Leader/Performer***; 23/07/16
- ***White in Black Conversations***; Oakland First Congregational Church (28/07/2016)
- ***Sacred Science***; Sound Healing, Berkeley (03/31/16)
- ***Interactive Sound Presence***; Labyrinth Walking Meditation, Clearlake, CA (03/11/16)
- ***Winter Solstice Celebration***; Crystal Gardens (Vicki Crystal), Clearlake, CA (19/12/15)
- ***Lughnasadh Lamma Celebration***; Dundalk, Ireland (8/9/15)
- ***Sound Healing Concert***; Middletown Art Center, Middletown (07/31/15)
- ***Mothers Day Sound Healing Retreat***; Four Springs, Middletown (05/8-10/15)
- ***Poet Laureate Event 'Real Flowers' & Performance***; House of Living Rhythm, Lakeport (04/15)
- ***Equinox Music Event***; Hawk Hill, SF (03/21/15)
- ***Yogathon Fundraiser w/Gary Malkin***; Grace Cathedral, SF (09/06/2014)
- ***Ongoing Monthly Music Labyrinth Meditation***; Grace North Church (last Fri/mth)
- ***Evelyn Roth Residency w/Suellen Primost***; Firehouse Art Building, Oakland. (07/25/14)
- ***Sound Healing Circle***; Richmond, Private. (07/06/14)
- ***Creative Musical Journey into Mysticism***; Grace North Church, Berkeley (04/12/14)
- ***Sacred Musical Labyrinth Walk***; Grace Cathedral, SF (04/11/14)
- ***V-Day Music for Yoga - "ending violence against women" (Eve Ensler)***; Grace Cathedral, 10am-12pm (02/14/14)
- ***'Enchantment'***; Subterranean Arthouse, Berkeley (10/06/14)
- ***Sacred Music for Labyrinth Walk***; Grace Cathedral, SF, 6-8pm (01/10/14)
- ***Grace Cathedral***; Music for Yoga (7/13 & 9/13)
- ***The Power of Music & Sound to Heal, Shift & Transform***; Curating monthly series @ 333 Center for Living, Loving & Learning, San Rafael, CA. (3/13-8/13)
- ***The Beauty of Sound w/Timothy Surya Das*** @ 333 Center for Living, Loving & Learning, San Rafael, CA. (1/12/13)
- ***Bohemian Nights***, Bohemian Loft, San Francisco, CA (3/16/12)

- ***Eradicating Ecocide***, Polly Higgins & Bill Twist Evening '333', San Rafael, CA (3/8/12)
- ***'Passionate Life'***; David Abram Evening '333', San Rafael, CA (2/12/12)
- ***'HeartSong'***; Red Lion Square, Festival Of Life, Red Lion Square, London, UK. (9/24/11)
- ***'Listen for the Music...'***; Wells Cathedral, Wells, Somerset, UK. (8/26/11)
- ***Water is Life...***; Goddess Conference, Glastonbury, UK. (*sound exhibit*) (7/26-31/11)
- ***...Spirit is Sound***; Goddess Conference, Glastonbury, UK. (7/31/11)
- ***Sound of the Heart***; Goddess Temple of Ashland, Ashland. Oregon, USA. (7/13/11)
- ***Sound of the Heart***; Joy Of Yoga Studio, Moss Beach, CA, USA. (7/2/11)
- ***Sound of the Heart***; Crystal Chalice, Fairfax, CA, USA. (7/1/11)
- ***'Life as Sound'***; Nexus/Friendly Favors, Richmond, CA, USA. (6/2/11)
- ***Superspirit Festival***; Chaxhill, Gloucester, UK. (8/29/10)
- ***Sunrise Off-Grid Festival***; Shepton Mallett, Somerset, UK. (8/22/10)
- ***Water Sound Healing Journey***; concert w/Jan Cercone & Claire Victor, Unity Church of Marin, CA, USA. (2/28/10)
- ***Music & Sound Healing***, Crystal Chalice, Fairfax, CA, USA. (1/21/09)
- ***Spiral Dance Chorus***: Starhawk - Kezar Pavilion, SF, CA, USA. (10/31/09 & 10/27/07)
- ***Concert of Hope***: Grace North Church, Berkeley, CA. USA. (12/08/08)
- ***Healing Music, Natural Sound Healing***. World Sound Healing Conference, Cathedral Hill Hotel, SF, CA, USA. (5/11-14/07)

## **TALKS & PRESENTATIONS**

### ***Exploring Consciousness, Nature, Sound, Lifestyle & Creativity***

- ***Finding the True You***; Dowsers Conf., Santa Cruz University (1-3/07/16)
- ***Sound Art Meditation***; Dowsers Conf., Santa Cruz University (1-3/07/16)
- ***Sound Healing Presentation***; Holistic Health Services, SFSU (02/22/16)
- ***The Future of Emotional Health, Brighter Brains Conf.*** Dynamic Emergence; (07/26/14)
- ***Magical Thinking – Magical Life***; Dowsers Conf., Santa Cruz University (07/06/14)
- ***Dynamic Emergence, Consciousness in Creative collective***; Consciousness Conf. @ CIIS, SF (05/30/14)
- ***Music & Arts as medicine for healing & transformation***; CIIS, SF (04/12/14)
- ***Voice for Self-Care***; John Muir Pastoral Forum, Walnut Cree, CA. 12pm-1.30pm (01/22/14)
- ***Dowsing for Enlightenment***; Divine Science Center, San Jose, CA. 1.30-3.30pm (10/13/13)
- ***Living In Your Center – creativity as a guiding life impulse***, Festival Of Life, London, UK. (9/24/11)
- ***Exploring Consciousness in the realms of the Creative Collective - dynamics of creative community development.*** 'Big Ideas: Sunrise Off-Grid Festival', Somerset, UK. (7/21/11)
- ***In The Realms Of The Creative Collective: Exploring Consciousness***; Green Economics Conference; Oxford, UK. (7/28-30/11)
- ***Sound into Spirit – Listening as a Teleological Journey*** @ Camino Health and Well-Being Center, Glastonbury, UK. (4/24/11)
- ***Sound, Nature & Consciousness***; Stars & Stones Conference, Bury St. Edmunds, Suffolk, UK. (11/14/10)
- ***Creativity 101; Living a Mad Life With Sound!***; Positive Living Group, Glastonbury, Somerset, UK. (11/10/10)
- ***Sound Spirit-Deep Listening; what is creativity and why does it matter?***; Positive Living Group; Bath, Somerset, UK. (10/25/10)
- ***Living in your Center - how is it we make the right choices for our souls joy and deeper purpose?*** Festival of Life, Red Lion Sq., London, UK. (09/25/10)  
Sunrise Off-Grid; Shepton Mallett, Somerset, UK. (8/19/10-8/22/10)
- ***You Are Everything***; Desa Arts, Oakland, CA, USA. Energy & Creative Integrative Arts co-presentation. (6/08)

- **Music And Words For Transition.** Conference; Palm Springs Art Museum, CA, USA. (9/30/07) **Healing Music & Natural Sound Healing.** World Sound Healing Conference, Cathedral Hill Hotel, SF, CA, USA. Presenting & moderating (5/11-14/07)

## TEACHING & COACHING

- **Creativity & Innovation;** adjunct faculty @ San Francisco State University (8/08 – present). (Business Management; 30 students/class). Academic & Experiential Class; graded.
- **Voice Presence & Creative Development** (90 - present); Private Coaching Ind & Groups - preparing people to perform, present or lead. Building confidence, technique & skills. Facilitating groups in accessing creativity.
- **Instructor & co-founder of Sound Healing program** @ California Institute of Psychoacoustics, SF., CA, USA. (6/02-6/07)
  - **Sound, Nature & Consciousness**
  - **Ways of Knowing**
  - **Voice & Transformation** (including drama & dreamwork)
  - **Music Theory**
- **Dissolving Boundaries: an exploration of Sound, Voice & Self for Transformation;** JFK University, Berkeley, CA, Transformative Arts Dept., guest teacher: (11/05/06)
- **Music and Piano Instructor;** Bay Area, CA, USA. (90 - present). Private students in experiential musical development, personal development and the metaphysics of music, imagination and creativity. Basic piano for young children and beginning adults.

## WORKSHOPS & FACILITATION

- **Exploring Consciousness, Sound & Self-Awareness training**
- **Spirit Renewal – Creativity & Healing retreat;** Four Springs, Middletown, CA (4/21-24/16)
- **Mothers Day Sound Healing Retreat;** Four Springs, Middletown (05/8-10/15)
- **Kundalini Yoga Music w/Chandanni;** 1909 Topanga Canyon Road, LA, CA. (visiting collaborator; M/W/Fr. 9/12-9/13)
- **Finding Self, Finding Life;** Divine Science Center, San Jose, CA. 1-4pm (10/14/13)
- **A call to Social Healers, Peacemakers;** Collaborating w/ James O'Dea using sound to go deeper. Dharma Retreat Center, Crestone, CO, USA. (5/13-15/11)
- **Feel the Sound of your Heart;** Joy Of Yoga Studio, Moss Beach, CA, USA. (7/17/11)
- **Soundly Conscious... authenticity through Sound;** Festival Of Life, London, UK.(9/24/11)
- **Dynamic Emergence – a call to Social Healers, Peacemakers and Planet Lovers** - powerful weekend retreat co-hosted with James O'Dea @ Newbold House, Forres, Scotland, (postponed – begin rescheduled)
- **Sound Journeys; group sound explorations for altering consciousness** – Out Of The Ordinary Festival, Hastings, UK. (9/17-19/10)
- **Sound as a Spiritual Practice;** collective sound & singing explorations – Superspirit Camp, Gloucester, UK (8/27-30/10)
- **Music Meditation Journey;** Psycho-spiritual focus on sharing (spoken) in circle and translating that into a multi-harmonic piece of music, sung together by the group.
  - **Let's Sing;** Group singing/fun musical games and singing. Improvisation and song learning.
  - **Interfaith Taize;** Group singing of interfaith chants - Sunrise Off-Grid camp, Shepton Mallett, UK. (8/20-21/09 & 8/22/10)
- **Interfaith Taize;** weekly community singing @ St. Mary's Chapel, Glastonbury, UK. Co-hosted w/Natalie Fee (10/09 – 7/10).
- **Creativity as a Way of Life!** Retreat in Kent, UK. Co-hosted w/Janice Ward. (6/28-29/08)
- **Music for Healing;** *Silence A Go-Go*, Horne Farm. Retreat, Chaxhill, Sussex, UK (6/5-6/08)
- **Facilitated** two Grace North Church, single day retreats to examine and explore 'meaning, identity and function' in the church community, Berkeley, CA, USA. (4/10/06 & 5/8/06)

- **Sound for Self-Discovery**; Guest Art/Personal Presence workshop facilitator at 'Giving Space Uplift Academy Design Workshop', Ben Lomond, CA, USA. Workshop focused on building bridges between citizens of Iraq and USA. (5/6-8/03)
- **Animal Magic**, incorporating dance, movement and sound for connection and personal expression at Harvest Ffair Gynhaeaf, Wales, UK. (9/94)

## ADDITIONAL EXPERIENCE:

### MUSIC **Singer-Composer-Performer-Recording Artist-Sound Facilitator** (94–present):-

- **“I Can” spoken word w/music. Collaborative e-book/healing arts project w/A-Z Heart First, (May 2015)**
- **Recording.** 7 CD’s recorded @ owner Sound Music Studios (01-present)
- **Rift, Storm Legion** vocals for LA composer Inon Zur (8/12)
- **Professional International Performer.** Focus on sacred spaces and exploration of numinous space (natural & man-made) (94-present)
- **Creative Group Process Facilitator;** using music, deep listening & dialogue for self-development and as a community building tool. Berkeley, CA, USA. & Glastonbury, UK. (94-present).
- **Sound meditation group leader.** Berkeley, CA, USA. (94-present).
- **Taize Co-Leader & Vocal Soloist.**  
Grace North Church, Berkeley, CA, USA. Music for spiritual development & community building. Also contributed regular improvised and pre-written original music & songs in church services. (7/05-present)
- **Sound Into Spirit;** Glastonbury, Somerset, UK. Founded open group - Music for building community & connection. Interfaith Taize, Improvised singing and chanting. (01/11-04/11)
- **Interfaith Taize,** Glastonbury, Somerset, UK. Weekly ongoing, open chanting group. Co-hosted with Natalie Fee. (11/09-8/10)
- **Music Service Leader;** National Spiritualist Association of Churches, S.F, C.A. & San Francisco Spiritual Enrichment Center, S.F., CA, USA; performing and leading music for spiritual practice services, bereavements & celebrations. (8/07-12/08)

## HEALING

- **Intuitive Life Coach.** Helping people realize their potential (09- present).
- **Energy Worker & Healer.** UK and USA. Reiki I & II, Light Body Graduate, Emotional Energy Balancing, Sound Healing. (87- present)
- **Music Healing** @ Oakland Children’s Hospital. Visiting Artist in Residence; playing original healing music to children, their families and staff to explore music’s interactive healing possibilities & potential and for stress management and reduction. (01-06)

## ART

- **Eco-Arts Trail** “Why Does It Matter?” Mixed media sculpture (June-Oct 2015 exhibit)

## **BUSINESS & COMMUNITY INNOVATIONS**

### FOUNDER, ORGANIZER, HOST, MANAGER

- **the Arts for Earth,** virtual community focused on arts for the environment. (12-present)
- **Sound into Spirit,** group sound explorations into connection with self, spirit and community. Glastonbury, Somerset, UK (2/7/11–5/31/11)
- **Interfaith Taize,** co-founded on-going, open, group with Natalie Fee. Glastonbury, Somerset, UK (11/09-8/10)
- **The Presidio Dialogues.** Executive Director Bohmian Dialogue forum. Managed and

hosted monthly meetings at Saybrook Institute, S.F., USA. Dialogues focused on Conscious Business. (Three months training 10.11.12.06 and directed 1-3/07) – an average of 30 attendees/month w/ mailing list of over 300 members. (1/07-3/07)

- **Offerings.** Monthly music series @ Grace North Church, Berkeley, CA. Focus on music that heals and creates community. (10/04-12/05)
- **Gracelight Music & Sound Music Studios;** Run privately owned recording & production studio. 24 track studio & Pro Tools, Class A equipment. (95-present)
- **Events Booking Manager & Contract Negotiator.** Grace North Church, 2138 Cedar Street, Berkeley, C.A., USA. (8/05–3/08)
- **Artist Liaison Manager.** Yoshi's Jazz Club, Oakland, C.A., USA. Managed team of 40 volunteers, coordinated with (and organized) artists/management/labels. (9/97-9/99)
- **Music Video Coordinator** @ Island Records (10/90-10/91)

## CERTIFICATION & TRAINING

- **Mindfulness w/JoAnn Saccato:**  
8 wk. 'Companionship The Sacred Journey' - compassion-based mindfulness training. (10/15)
- **BeTheChangeTrainingCourse:**  
Three day Facilitator training for information sharing on environmental sustainability, social justice and spiritual fulfillment. Pachamama Alliance. (3/13/10-3/16/10)
- **MosaicTraining:**  
One day training direct method with Jo Thorpe, London (9/26/09)  
Three day training, London w/Emma Biggs. Table top indirect method. (9/18/09-9/20/09)
- **Non Violent Communication & Mediation Training**  
One Week residential training w/Vicky Pierce (Trainer) @ The Barn, UK. (9/9/09-9/13/09)  
BayNVC, Oakland, CA, USA. 8 week foundation training & 11 week intermediate training & Weekend training Consciousness & Spirituality in NVC. (1/16/08-3/19/08)
- **Sustainability & Leadership Training @ Embercombe**  
The Journey: Assisting in leadership training. (3/21/20-3/26/10)  
The Journey: One week intensive leadership training with an emphasis on sustainability and personal growth. (7/19/09-7/24/09)
- **Certificate of Authorization for Service:**  
Instructor. Certificate # COAFS -07-388497. 'Sound, Nature & Consciousness', 'Music Therapy', 'Voice & Transformation' and 'Music Theory'. (valid 3/20/07-3/20/10)
- **'Expanding Creativity' Training Course:**  
Creativity Facilitation and Professional Development. Training agent; Margaret Blackwell @ Expanding Creativity (www.expandingcreativity.com) (9/06-3/07)
- **The Coaches Training Institute:**  
Life Coaching levels 1 & 2. San Rafael, CA, USA. (2005)
- **Basic Improvisation:** Pan Theater, Oakland, CA, USA. (www.pantheater.com) (2/08-3/08)  
Develop presentation & speaking skills, improve listening skills, explore & develop creativity, understanding group dynamics and subtext, reducing criticism, increasing acceptance of oneself and others.
- **Exploring Mysticism in Sound and Music:** Sylvia Nakkach, CIIS, S.F., CA, USA. (11/17-18/07)  
Experiential and academic exploration of multi-cultural uses of music for transition, healing and education.
- **REIKI, EBB & Light Body:** Symmetry Consulting, Judy Reis, CA, USA (1/1/93–6/1/93)  
Degrees 1, 2 & 3, Energy Body Balancing (EBB), Light Body Graduate (D. Packer/S. Roman)

## EDUCATION

- **M.A. Consciousness Studies & Transformative Arts, emphasis Music;** JFK University, Orinda, C.A., USA (9/00–9/04) (also attended CIIS briefly)
- **B.A. Integral Studies, emphasis Music.** California Institute of Integral Studies (10/97-8/98). (Academy of Art College 1/95-8/96 and SF State University 9/96-9/97)

- **Felsted School**, Essex, U.K. (81-83). 'A' & 'S' Level English.
- **Queenswood School**, Hertfordshire, U.K. (76-81). 10 'O' Levels.

## PUBLISHED

**Print:** 'Golden Moments – a walk with Consciousness', The Oracle, Glastonbury, UK (9/11)  
- Article '*Sound of Nature & the Nature of Sound*', Voices of the New Earth (4/04)

**Music:** Picture Perfect Music LLC dba All About Music (9/02-9/03)

## CURRENT RESEARCH COLLABORATIVE PROJECTS

- **UCSF – Neuroscience Department.** Using voice to alleviate mental fatigue. Using imagery to facilitate use of voice for self-relaxation. Researching sounds to use in virtual reality program.
- **Tree Ring Productions** – researching production of film **Creativity Rising** to express the cross disciplinary nature of the arts for health and peace.
- **Sound Elixir** – researching collaboration on use of 5.1 unique sound placement for nature sound & healing journeys with a cross-reference between arts and science for conservation.
- **Dynamic Emergence – Consciousness in the Creative Collective** – Mapping out Consciousness. Book exploring psycho- spiritual dynamics of relationship & communication for creative and transformation potential. Focus on energy, self-awareness, sound, music, silence and dialogue; how they contribute to clarity, self-awareness and creation of sustainable community.

## MEMBERSHIPS

- **Consciousness Society**, CA (2014 - present)
- Songtrust, USA (June 2013 - present)
- **ASCAP** – American Society of Composers, Authors and Publishers - USA (2002 - present)
- **Awakening The Dreamer** – Facilitator for Environmental sustainability, spiritual fulfillment & social justice. UK/USA (3/10 - present)
- **Trustee, Member of Creative Visioning Committee;** Grace North Church, Berkeley, CA (4/05-4/08)

## ADDITIONAL ARTS, MUSIC & HEALING TRAINING

### MUSIC:

***The Naked Voice;*** Chloe Goodchild, Marin, CA (04/16)

***Vox Mundi Studios;*** Sylvia Nakkach, Marin, CA, USA (2004)

Indian singing and chant

***Laney College,*** Oakland, CA, USA. (9.99-5.00)

Music Theory classes.

***Stanford Jazz Camp,*** Stanford, CA., USA (8.2.97–8.9.97)

*Singing instruction,* Madeline Eastman

*Piano/music teacher,* Peter Apfelbaum, Berkeley, C.A., USA (7.97-8.98)

***Berkeley Jazz School,*** CA., USA (4.22.97–5.27.97)

Advanced Jazz Theory - Mark Levine

***Jazz Camp West,*** La Honda, CA., USA (6.21.97–6.2.97)

Advanced vocal instruction - Kellye Gray

***Rhiannon,*** San Rafael, CA., USA (1.5.97–1.22.97)

'All The Way In' - Vocal improvisation intensive (3 weeks)

***Jeff Massanari,*** Oakland, CA., USA (97-98)

Guitar Playing & Theory

***San Francisco State University,*** S.F., CA., USA (9.96–10.97)

[Jazz Combo/Vocal Jazz, Pop & Jazz Harmonies, Guitar 1, Ear Training & Musicianship]

***Brenda Boykin,*** Oakland, CA. (93)

Vocal training weekend intensive, Jazz and Blue Funshop.

**IMW**, London, UK. (92).

Music Recording Introductory Course.

**Various:** group and individual instruction, London, U.K. (89-92) Drumming, Singing, Saxophone (group), Saxophone (individual) - Tommy Barlow, Joe Hatherill  
Piano grade 5, The Royal Schools of Music. (80)

### **FILM & VIDEO:**

**The Stream:** Film. (May 2016)

Music & Collaborator/Visionary w/Megan Hollingsworth - <https://vimeo.com/165395370>

**Virgin:** Film. (July 2014)

Music & Collaborator w/Megan Hollingsworth & Suellen Primost - <https://vimeo.com/100673266>

**A Brief on Virgin:** Film (July 2014)

Music & Collaborator w/Megan Hollingsworth & Suellen Primost -<https://vimeo.com/96578598>

**Embodied Creativity:** Film (June 2014)

Music & Collaborator w/Megan Hollingsworth & Suellen Primost - <https://vimeo.com/99325707>

**C-George:** Film. (2009)

#### **Actor & Co-Director;**

15 minute film focused on the beautiful relationship of an aged couple - George and Mimi - as George becomes acquainted, after years of searching, with his 'higher self/spirit' and eventually dies.

**Role:** I played Mimi (wife of lead). Plus, I also helped Direct with ideas and Camera. This was a collaborative piece between four of us who played the characters/parts in it.

**Commotion Pictures** - Production Co., S.F., C.A., USA (9.92–9.93) **Production/Art Assistant** in Music and Corporate Video Production. **Island Records**, London, UK. (10.90-10.91)

#### **Music Video Coordinator and Researcher.**

Duties included finding suitable directors and production companies, selecting treatments, attending creative meetings, shoots, monitoring off-line and on-line editing and budgeting. In addition, worked on researching for TV pilot for comedian/musician John Shuttleworth at Island Music.

**Popata Productions**, London, UK. (9.90)

**Runner/Production Assistant/Craft Service.** Art department, photography, set up, artist liaison etc.

### **PHOTOGRAPHY & ART CLASSES:**

**Welding internship w/Brian:** Kelseyville (2016)

**Mendocino College, Ukiah, CA,** (Spring 2015) Ceramics

**San Francisco State University**, S.F., CA., (9.96–10.97) Ceramics 1, Figure Drawing & Painting 2

**Academy of Art College**, S.F., CA, (1.95–8.96) Design & Materials, Sculpture 1, Still Life Painting 1, Drawing Principles, Electronic Editing 1, Introduction to Computer Arts, Desktop Design 1

**The San Francisco School of Art**, S.F., CA., USA (6.96-8.96)

Figure Drawing - mixed media.

**Fantasy Finishes**, Gloucestershire, UK., (91 & 94)

Specialized paint finishes (faux) – trained by Tim Duddfield

**City Lit College**, London, UK. (91-92) Figure Drawing

**Polytechnic of Central London**, London, U.K. (7.91-12.91) 'Starting Photography' - Geoffrey Attridge  
'Still Life Photography' - Mark Tyrrell/Lorrise Carse – Wilen

### **HEALING:**

**Light Body Graduate Training**, OR., USA (2008)

**Body & Soul Conference**, CO., USA (7.11-13.97)

Undergraduate registration, raising awareness of conscious living.

**Naropa Institute**, Boulder, CO., USA (7.7–11.97) (two 1 week classes)

Cellular & Human Consciousness - Susan Aposhyan. Dying to be Born – Christine Caldwell

**City Lit. College**, London, U.K. (9.12.94–12.14.94)  
'Spiritual Psychology' - Jamie Moran (3 months)  
**Infinity Bookstore**, CA., USA (93)  
'Psychic Empathy' course - Judi Simone (8 weeks)  
**Sesame College**, London, UK. (91)  
Drama and Movement Therapy - Mary Smaile (1 week)  
**Symmetry Consulting**, Judy Reis, CA., USA (1.1.93–6.1.93)  
REIKI - Degrees 1 & 2, Energy Body Balancing (EBB), Light Body Graduate (Orin/Daben - 6 month+ training)  
**College of Psychic Studies**, London, U.K. (89)  
Healing and Psychic Surgery - Geoff Boltwood (8 weeks)  
Spiritual and Psychic Development - Julie Soskin (8 weeks)  
**Psychosynthesis Counseling Education Trust** (6.86) 1 week.  
Introductory experiential Psychosynthesis study: creative visualization and hypnosis.

**References Upon Request.**