

CLARE HEDIN RESUME

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SKILLS:

Singing, Live Performance, Improvisation, Recording, Public Speaking & Spoken Word, Multi-disciplinary Arts (Painting, Photography, A/V), Innovative & Critical Thinking, Presentation, Teaching, Mentoring, Collaborating, Organizational Management, Workshop/Experience/Learning Design, Group Facilitation, Program design.

SUBJECTS:

Music, Arts, Creativity, Innovation, Consciousness, Healing, Performance, Environment, Systems Thinking, Self-Awareness/Self-Development, Stress Management, Authenticity.

Production Software:

- **DAWS and visual programs:** Logic Pro X (Native Instruments & Opus), Lightroom, iPhotos, iMovie.

Most recent/ongoing hires:

- **Performing & Recording:**
 - Spill Tank, Rubaiyat of Omar Khayyam, group recording project (15/16 Feb 2023)
 - It's Liquid Arts & Goethe Institute solo performance, Venice, Italy.
 - Grace Cathedral, San Francisco, CA.
- **Music Collab:** 3 Worlds, musical improv for dynamic theater improv company.
- **Visual Arts Collab:** Regen NFT, Mindbender Art (NFT & 3D paintings).
- **Energy Healer/Sound Healer:** Ongoing (all ages).
- **Dynamic Emergence:** Social media, Course & Community platform. (2020 ongoing).
- **Consulting/Mentoring:**
 - Central St. Martin's MA Applied Imagination, London, UK. (2020 ongoing).
 - Sound @ Asha Breathwork Center, Tuscany, Italy.
 - Youth Creativity Group - creative writing & connecting to Nature.
 - Creativity workshops - private groups & individuals.
 - Starfish – Ecological Masculinities advisor (March 2021 ongoing).
- **Voice, Music, Piano Teaching:** Francisco Middle School 6/7/8th Grade, Benito Juarez Elementary 5th Grade, Richmond, CA. Notes Music Academy, Oakland, Community Music Center, SF, Enbridgement, Marin (ages 5-65).

Professional musician, sound healer, sound artist, poet, painter, writer, photographer, explorer, researcher, consultant, and teacher of Consciousness & Creativity for 25+ years, Clare has explored multiple mediums to understand the nature of our connection to deeply creative states and their relationship to our evolving consciousness. This includes being documented in EEG sessions tracking her brainwave states, showing her own uniquely developed link between creativity & healing where her Alpha peaks were remarkably high.

As a recording artist, sound healer and performer, she has 11 CDs to date and many singles. She continues to record music and poetry, to produce and release nature-based slideshows w/original

music 'Sound Art Meditations'. She co-designed the sound healing program @ Sound Healing Institute, San Francisco, teaching classes on metaphysics, sound & voice ('03-'07). She also initiated relationship with Oakland Children's Hospital, & UCSF, CA, USA ('01-'06) and at Middlesex Hospital, London, UK – bringing her original healing music to patients, families & staff.

Artist Lecturer @SFSU, teaching 'Creativity, Innovation & Self-Awareness' in Business Management ('08-'17), Clare subsequently developed her own online platform - Dynamic Emergence - 7 sequential Courses teaching a new model of consciousness based on creativity, systems thinking, & inclusivity. She uses practices to explore our consciousness creatively for the purpose of evolving into a deeper, more vibrant, connection with life.

She is a guest artist lecturer @ Central St. Martin's MA Applied Imagination (London) and has lectured on Creativity to the UK Advertising industry. Her focus is on our relationship to intelligence, creativity, and holistic (wisdom) thinking, with an emphasis on sustainable, innovative, evolution. She has designed and led small groups for creative writing development amongst youth.

Environmentally, Clare works as a performer and activist to raise awareness around issues of climate and social equity. Her achievements include designing & filing an Initiative @ the CA State Capitol, to put the Rights of Nature into the US Constitution – leading a cross-collaborative effort. She worked for two years with Extinction Rebellion UK as part of the Strategy Stewardship Team and has given many public talks on climate issues and solutions. Her multidisciplinary art represents the beauty of nature and encourages our deepening relationship to it; for both its sake and our own.

PROFESSIONAL, CREATIVE AND BUSINESS EXPERIENCE

PERFORMANCE

- **Grace Cathedral:** (labyrinth yoga) music ongoing.
- **Sound Healing & Breathwork,** w/Darren Main @ Nest Yoga (3-5pm Dec 31)
- **Sound Healing @ Nest Yoga** (5-7pm Oct 22nd)
- **Deope (music/words/video)** @ Woodbridge Ambient Music Festival 23rd/24th Sept, 2023
- **Illuminate:** Collaboration Grace Cathedral & Illuminate laser lights, SF. (July 27 & 29, 2023)
- **To Survive, I need you to Survive:** w/Cara Levine 1-3pm @ Jewish Contemporary Art Museum, SF (15 July 2023)
- **Black Ocean, Blue Light;** w/Mark Deutsch@ The Center, SF (Aug 5, 2023)
- **Music & Butoh;** w/Mark Deutsch & Jaron Lanier, Martha; Miwok Gallery, Half Moon Bay, CA
- **Its Liquid & Goethe Institute Art Opening:** Palazzo Abrizzi-Capello (Jan 29 2023)
- **Sound Journey:** @ Asha, Tuscany, Italy (29 Dec 2022)
- **Medicina Sonora** w/Ron Bunzl: Venice, Italy (14 Dec 2022)
- **Bioregional Regen Summit:** (online) opening music, (24 Oct, 2022)
- **Peri Park** opening concert sound prayer; Gary Muszynski, Fairfax, CA (30 July 2022)
- **Opening Ceremony sound journey;** Now What (18 April 2022)
- **Propulsive Beauty:** Mark Deutsch & Clare @ Shack 15, SF (18 Mar 2022)
- **Sacred Sound** online concert – World Sound Healing Day: Neil Gaur (14 Feb 2022)
- **Freight & Salvage Circle Sing Choir:** Berkeley, (14 Dec, 2021)
- **Pislap Rights of Nature Sound Prayer;** online, Mumta Ito, Earth Rights (9 Dec, 2022)
- **Yoga on Labyrinth Music;** Grace Cathedral, SF (01/01/14 - ongoing)
- **Sacred Music for Labyrinth Walk;** Grace Cathedral, SF, 6-8pm (01/10/14 - ongoing)
- **Taize Music Labyrinth Meditation;** Grace North Church, Berkeley, CA (2005 - ongoing)
- **Opening Ceremony;** Now What (28 May, 2021)

- **Portal to Ascension:** Online (20 May, 2021)
- **Storytelling w/Molly;** Online (13 May, 22 April, 8 April, 2021)
- **Vision Train (Bucky Fuller Institute):** various (April-May 2022)
- **Opening Ceremony;** Now What (19 April, 2021)
- **Sound Activation;** Online (17 April 2021)
- **Sound Activation;** Online (16 Jan 2021)
- **Sacred Sound Performance;** (1& 2 Jan, 2021)
- **Transitions;** Ron Bunzl (31 Dec, 2020)
- **Sacred Sound Festival;** (25 Dec 2020)
- **Sound Healings;** General, Corfu, Greece (Sept-Oct 2020)
- **Journeys; Theater performance,** Findhorn, Scotland (10 Jan, 2020)
- **Isolation to Connection;** Mental Health Day, London. (June 24, 2019)
- **Yoga on Labyrinth;** St. John's Church, Ross (02/11/15 - 12/2016)
- **Collisions - 3 Worlds Theater;** London (16 June 2019)
- **Sounds of Faith;** Berkeley Rose Theater (Nov 3, 2018)
- **Taize;** Grace North Church, Berkeley (Oct 26, 2018)
- **CD Release Party;** Rudramandir, Berkeley (Oct 4, 2018)
- **Wedding Ritual Music Leader/Performer;** 23/07/16
- **White in Black Conversations;** Oakland First Congregational Church (28/07/2016)
- **Sacred Science;** Sound Healing, Berkeley (03/31/16)
- **Interactive Sound Presence;** Labyrinth Walking Meditation, Clearlake, CA (03/11/16)
- **Winter Solstice Celebration;** Crystal Gardens (Vicki Crystal), Clearlake, CA (19/12/15)
- **Lughnasadh Lamma Celebration;** Dundalk, Ireland (8/9/15)
- **Sound Healing Concert;** Middletown Art Center, Middletown (07/31/15)
- **Mothers Day Sound Healing Retreat;** Four Springs, Middletown (05/8-10/15)
- **Poet Laureate Event 'Real Flowers' & Performance;** House of Living Rhythm, Lakeport (04/15)
- **Equinox Music Event;** Hawk Hill, SF (03/21/15)
- **Yogathon Fundraiser w/Gary Malkin;** Grace Cathedral, SF (09/06/2014)
- **Ongoing Monthly Music Labyrinth Meditation;** Grace North Church (last Fri/mth)
- **Evelyn Roth Residency w/Suellen Primost;** Firehouse Art Building, Oakland. (07/25/14)
- **Sound Healing Circle;** Richmond, Private. (07/06/14)
- **Creative Musical Journey into Mysticism;** Grace North Church, Berkeley (04/12/14)
- **Sacred Musical Labyrinth Walk;** Grace Cathedral, SF (04/11/14)
- **V-Day Music for Yoga - "ending violence against women" (Eve Ensler);** Grace Cathedral, 10am-12pm (02/14/14)
- **'Enchantment';** Subterranean Arthouse, Berkeley (10/06/14)
- **Sacred Music for Labyrinth Walk;** Grace Cathedral, SF, 6-8pm (01/10/14)
- **Music for Yoga;** Grace Cathedral (7/13 & 9/13)
- **The Power of Music & Sound to Heal, Shift & Transform;** Curating monthly series @ 333 Center for Living, Loving & Learning, San Rafael, CA. (3/13-8/13)
- **The Beauty of Sound w/Timothy Surya Das @ 333 Center for Living, Loving & Learning,** San Rafael, CA. (1/12/13)
- **Bohemian Nights,** Bohemian Loft, San Francisco, CA (3/16/12)
- **Eradicating Ecocide,** Polly Higgins & Bill Twist Evening '333', San Rafael, CA (3/8/12)
- **'Passionate Life';** David Abram Evening '333', San Rafael, CA (2/12/12)
- **'HeartSong';** Red Lion Square, Festival Of Life, Red Lion Square, London, UK. (9/24/11)
- **'Listen for the Music...';** Wells Cathedral, Wells, Somerset, UK. (8/26/11)
- **Water is Life...;** Goddess Conference, Glastonbury, UK. (sound exhibit) (7/26-31/11)
- **...Spirit is Sound;** Goddess Conference, Glastonbury, UK. (7/31/11)
- **Sound of the Heart;** Goddess Temple of Ashland, Ashland. Oregon, USA. (7/13/11)
- **Sound of the Heart;** Joy Of Yoga Studio, Moss Beach, CA, USA. (7/2/11)

- **Sound of the Heart**; Crystal Chalice, Fairfax, CA, USA. (7/1/11)
- **'Life as Sound'**; Nexus/Friendly Favors, Richmond, CA, USA. (6/2/11)
- **Superspirit Festival**; Chaxhill, Gloucester, UK. (8/29/10)
- **Sunrise Off-Grid Festival**; Shepton Mallett, Somerset, UK. (8/22/10)
- **Water Sound Healing Journey**; concert w/Jan Cercone & Claire Victor, Unity Church of Marin, CA, USA. (2/28/10)
- **Music & Sound Healing**, Crystal Chalice, Fairfax, CA, USA. (1/21/09)
- **Spiral Dance Chorus**: Starhawk @ Kezar Pavilion, SF, CA, USA. (10/31/09 & 10/27/07)
- **Concert of Hope**: Grace North Church, Berkeley, CA, USA. (12/08/08)
- **Healing Music, Natural Sound Healing**. World Sound Healing Conference, Cathedral Hill Hotel, SF, CA, USA. (5/11-14/07)

TALKS & PRESENTATIONS

Exploring Consciousness, Nature, Sound, Lifestyle & Creativity

- **Language of Creativity**; guest interview Podcast 'Artists & Healers', S. Leavitt (Oct 2023)
- **Voice for self-care & discovery**: GRANT-FUNDED by Community Music Center, (11am-1pm, June 10 & June 17, 2023)
- **To Survive, I need you to Survive**: 2/Cara Levine @ Jewish Contemporary Art Museum, SF (15 July 2023) – 1.5hr workshop on sounding for self-awareness
- **Wisdom dialogue (Water) Atman Way**; online (24 June 2023)
- **Dynamic Emergence**: Introduction w/Starfish Ecological Masculinities Group (June 10 & 17, 2023)
- **Dowers Conference**: 3 presentations, Santa Cruz (2-4 July 2022)
- **Earth Wisdom Dialogue Day**; 24hr online (24 June 2022)
- **Grief & Praise album pre-release share**; DSS Vision Train w/Amanda Sage – online (25 May 2022)
- **Nature Alchemy & Sound Journey** – Now What?! (April-May 2022)
- **Holistic Healthcare**: Humanity Rising, online – (May 2 & 5 2022)
- **Loving who you are, as you are**: (online) Humanity Rising (28 Feb 2022)
- **Design Science Studio** (Bucky Fuller Institute): presentations on Nature, Sound, Art & the numinous. (April 21-May 1, 2021)
- **Dynamic Emergence**; online teaching May 2018 to present day.
- **Dragons Den**; online mentoring for Central St Martin's (26 Oct 2021)
- **Consciousness from an artist perspective**: DE Intro Talk. (Sept 28, Oct 17 & 20, 2018)
- **Authentic Self, Business, Life**; GRC (Global Regenerative Co-Lab) (12 Aug 2021)
- **Belief Systems & Arts**; GRC (Global Regenerative Co-Lab) (7 July 2021)
- **RegeNFT**; Online Crypto-Art (1 June, 2021 – ongoing)
- **Dragons Den**; online mentoring for Central St Martin's (13&14 April 2021)
- **Accessing Creativity**; IPA Training Forum (Advertising industry) (24 March, 2021)
- **Accessing Creativity**; Online for Central St Martin's (9 March 2021)
- **Hosting Panels on Creativity**; Online for CSM (14-18 Dec 2020)
- **Changing Reality Through Sound**: online Now What?! (13 July 2020)
- **Sound Dowsing**; Dowers Conference (6 July 2020)
- **Arts for Healing** conflict in Liminal Space; Now What?! Online (3 July 2020)
- **Sound for transforming space**; Now What?! Online (30 June 2021)
- **Intuition into Action**; Dowers Conference presentation (June 2020)
- **Dialogue Summit**; Online (4-7 June 2020)
- **Dynamic Creativity for Leadership**: (online) Kaospilots, Denmark (21 Jan, 2020)
- **Inner Journeys** radio Interview; Greg Friedman (6/2018)
- **Finding the True You**; Dowers Conf., Santa Cruz University (1-3/07/16)
- **Sound Art Meditation**; Dowers Conf., Santa Cruz University (1-3/07/16)
- **Sound Healing Presentation**; Holistic Health Services, SFSU (02/22/16)

- **The Future of Emotional Health, Brighter Brains Conf.** Dynamic Emergence; (07/26/14)
- **Magical Thinking – Magical Life;** Dowsers conf, Santa Cruz (07/06/14)
- **Dynamic Emergence, Consciousness in the Creative Collective:** CIIS, San Francisco (5/30/14)
- **Music & Arts as medicine for healing & transformation;** CIIS, San Francisco (04/12/14)
- **Voice for Self-Care;** John Muir Health & Wellness, Interfaith Pastoral Health-Care Leaders Forum, Walnut Cree, CA. 12pm-1.30pm (01/22/14)
- **Dowsing for Enlightenment;** Divine Science Center, San Jose, CA. 1.30-3.30pm (10/13/13)
- **Living In Your Center** – creativity as a guiding life impulse, Festival Of Life, London, UK. (9/24/11)
- **Exploring Consciousness in the realms of the Creative Collective** - dynamics of creative community development. 'Big Ideas: Sunrise Off-Grid Festival', Somerset, UK. (7/21/11)
- **In The Realms Of The Creative Collective:** Exploring Consciousness; Green Economics Conference; Oxford, UK. (7/28-30/11)
- **Sound into Spirit – Listening as a Teleological Journey @** Camino Health and Well-Being Center, Glastonbury, UK. (4/24/11)
- **Sound, Nature & Consciousness;** Stars & Stones Conference, Bury St. Edmunds, Suffolk, UK. (11/14/10)
- **Creativity 101;** Living a Mad Life With Sound!; Positive Living Group, Glastonbury, Somerset, UK. (11/10/10)
- **Sound Spirit-Deep Listening;** what is creativity and why does it matter?; Positive Living Group; Bath, Somerset, UK. (10/25/10)
- **Living in your Center** - how is it we make the right choices for our souls joy and deeper purpose? Festival of Life, Red Lion Sq., London, UK. (09/25/10)
Sunrise Off-Grid; Shepton Mallett, Somerset, UK. (8/19/10-8/22/10)
- **You Are Everything:** Desa Arts, Oakland, CA, USA. Energy & Creative Integrative Arts co-presentation. (6/08)
- **Music and Words For Transition.** Conference; Palm Springs Art Museum, CA, USA. (9/30/07) Healing Music & Natural Sound Healing. World Sound Healing Conference, Cathedral Hill Hotel, SF, CA, USA. Presenting & moderating (5/11-14/07)

TEACHING & COACHING

- **Dragons Den feedback panel;** Central St. Martin's, London, UK (25/26 Oct, 2022)
- **RegenEra Rising** (Bucky Fuller Inst); online (21 April – May 1 2022)
- **Dragons Den feedback panel;** Central St. Martin's, London, UK (20 April, 2022)
- **Dynamic Emergence:** ongoing virtual cohort studying Courses 1-7.
- **'Growing Creativity' Youth Writing Group:** Mill Valley, Marin, (March 2022-June 2022)
- **Voice & Performance:** Community Music Center, SF (Winter 2022 ongoing)
- **Voice, Piano, Songwriting & Performance:** Enbridgment Music, Marin (Fall 2021 ongoing)
- **Voice:** Notes Academy, Oakland, CA (Fall 2021 ongoing)
- **Central St Martin's festival:** London, UK (13-17 Dec, 2022)
- **Dragons Den feedback panel;** Central St. Martin's, London, UK (26 Oct, 2021)
- **Embodied Activism, Voice Your Truth** ENCORE; (29 June, 2021 – 20 July, 2021)
- **Mentoring: Applied Imagination (MA);** Central St. Martin's, London, UK (15 June, 2021)
- **Embodied Activism, Voice Your Truth;** (27 April, 2021- 1 June, 2021)
- **Unbreakable Bonds;** Online Now What?! (6-27 May, 2021)
- **Dragons Den feedback panel;** Central St. Martin's, London, UK (13 & 14 Apr, 2021)
- **Mentoring: Applied Imagination MA;** Central St. Martin's, London, UK (9 & 23 Mar, 2021)
- **Mentoring: Applied Imagination MA;** Central St. Martin's, London, UK (16 & 23 Feb, 2021)

- **Radically Real**; Online Now What?! (10 Nov 2020-Jan 2021)
- **Walk a Mile in my shoes**: Festival panel & host Applied Imagination MA, Central St. Martin's, London, UK (14-18 Dec, 2020)
- **Creativity & Innovation**; adjunct faculty @ San Francisco State University (8/08 – 6/17). (Business Management; 30 students/class). Academic & Experiential Class; graded.
- **Voice Presence & Creative Development** (90 - present); Private Coaching Ind & Groups - preparing people to perform, present or lead. Building confidence, technique & skills. Facilitating groups in accessing creativity.
- **Instructor & co-founder of Sound Healing program** @ California Institute of Psychoacoustics, SF., CA, USA. (6/02-6/07)
 - Sound, Nature & Consciousness
 - Ways of Knowing
 - Voice & Transformation (including drama & dreamwork)
 - Music Theory
- **Dissolving Boundaries**: an exploration of Sound, Voice & Self for Transformation; JFK University, Berkeley, CA, Transformative Arts Dept., guest teacher: (11/05/06)
- **Music and Piano Instructor**; Bay Area, CA, USA. (90 - present). Private students in experiential musical development, personal development and the metaphysics of music, imagination and creativity. Basic piano for young children and beginning adults.

WORKSHOPS & FACILITATION

- **Deepening Sound Expression**; Process Work Group, Venice, Italy (Jan 2023)
- **Sound Journeys w/Ron Bunzl**: Group sound practices (17 Dec 2022)
- **Growing Creatively**; youth female writing group; Marin (Mar-May 2022)
- **Sound Spirit Healing Community**; Berkeley Fellowship (May-Nov 2018)
- **Exploring Consciousness, Sound & Self-Awareness** training (ongoing)
- **Spirit of Sound**; Grace Cathedral (26 May 2017)
- **Spirit Renewal** – Creativity & Healing retreat; Four Springs, Middletown, CA (4/21-24/16)
- **Mothers Day Sound Healing Retreat**; Four Springs, Middletown (05/8-10/15)
- **Kundalini Yoga Music w/Chandanni**; 1909 Topanga Canyon Road, LA, CA. (visiting collaborator; M/W/Fr. 9/12-9/13)
- **Finding Self, Finding Life**; Divine Science Center, San Jose, CA. 1-4pm (10/14/13)
- **A call to Social Healers, Peacemakers**; Collaborating w/ James O'Dea using sound to go deeper. Dharma Retreat Center, Crestone, CO, USA. (5/13-15/11)
- **Feel the Sound of your Heart**; Joy Of Yoga Studio, Moss Beach, CA, USA. (7/17/11)
- **Soundly Conscious... authenticity through Sound**; Festival Of Life, London, UK.(9/24/11)
- **Dynamic Emergence – a call to Social Healers, Peacemakers and Planet Lovers** - powerful weekend retreat co-hosted with James O'Dea @ Newbold House, Forres, Scotland, (postponed – begin rescheduled)
- **Sound Journeys**; group sound explorations for altering consciousness – Out Of The Ordinary Festival, Hastings, UK. (9/17-19/10)
- **Sound as a Spiritual Practice**; collective sound & singing explorations – Superspirit Camp, Gloucester, UK (8/27-30/10)
- **Music Meditation Journey**; Psycho-spiritual focus on sharing (spoken) in circle and translating that into a multi-harmonic piece of music, sung together by the group.
 - Let's Sing; Group singing/fun musical games and singing. Improvisation and song learning.
 - Interfaith Taize; Group singing of interfaith chants - Sunrise Off-Grid camp, Shepton Mallett, UK. (8/20-21/09 & 8/22/10)
- **Interfaith Taize**; weekly community singing @ St. Mary's Chapel, Glastonbury, UK. Co-hosted w/Natalie Fee (10/09 – 7/10).

- **Creativity as a Way of Life!** Retreat in Kent, UK. Co-hosted w/Janice Ward. (6/28-29/08)
- **Music for Healing; Silence A Go-Go**, Horne Farm. Retreat, Chaxhill, Sussex, UK (6/5-6/08)
- **Facilitated two Grace North Church**, single day retreats to examine and explore 'meaning, identity and function' in the church community, Berkeley, CA, USA. (4/10/06 & 5/8/06)
- **Sound for Self-Discovery**; Guest Art/Personal Presence workshop facilitator at 'Giving Space Uplift Academy Design Workshop', Ben Lomond, CA, USA. Workshop focused on building bridges between citizens of Iraq and USA. (5/6-8/03)
- **Animal Magic**, incorporating dance, movement and sound for connection and personal expression at Harvest Ffair Gynhaef, Wales, UK. (9/94)

ADDITIONAL EXPERIENCE:

MUSIC

Singer-Composer-Performer-Recording Artist-Sound Facilitator (94-present):

- Various collaborative pieces RegeNFT; multiple projects, crypto-art auction with VR/AR/XR artists (Aug 2021- Jan 2022)
- 'I Can' spoken word w/music. Collaborative e-book/healing arts project w/A-Z Heart First, (May 2015)
- Recording. 7 CD's recorded @ owner Sound Music Studios (01-present)
- Rift, Storm Legion vocals for LA composer Inon Zur (8/12)
- Professional International Performer. Focus on sacred spaces and exploration of numinous space (natural & man-made) (94-present)
- Creative Group Process Facilitator; music, deep listening & dialogue for self-development and community building. Berkeley, CA, & Glastonbury, UK. (94-present).
- Sound meditation group leader. Berkeley, CA, USA. (94-present).
- Taize Co-Leader & Vocal Soloist.
Grace North Church, Berkeley, CA, USA. Music for spiritual development & community building. Also contributed regular improvised and pre-written original music & songs in church services. (7/05-present)
- Sound Into Spirit; Glastonbury, Somerset, UK. Founded open group - Music for building community & connection. Interfaith Taize, Improvised singing and chanting. (01/11-04/11)
- Interfaith Taize, Glastonbury, Somerset, UK. Weekly ongoing, open chanting group. Co-hosted with Natalie Fee. (11/09-8/10)
- Music Service Leader; National Spiritualist Association of Churches, S.F, C.A. & San Francisco Spiritual Enrichment Center, S.F., CA, USA; performing and leading music for spiritual practice services, bereavements & celebrations. (8/07-12/08)

HEALING

- Intuitive Life Coach. Helping people realize their potential (09- present).
- Energy Worker & Healer. UK and USA. Reiki I & II, Light Body Graduate, Emotional Energy Balancing, Sound Healing. (87- present)
- Music Healing @ Oakland Children's Hospital. Visiting Artist in Residence; playing original healing music to children, their families and staff to explore music's interactive healing possibilities & potential and for stress management and reduction. (01-06)

ART

- **Energy Balls** – Painting with acrylic – the essence of life emerging (2021 ongoing)
- **Eco-Arts Trail** "Why Does It Matter?" Mixed media sculpture (June-Oct 2015 exhibit)

BUSINESS & COMMUNITY INNOVATIONS

FOUNDER, ORGANIZER, HOST, MANAGER

- Dynamic Emergence Mighty Network community space & Course series. (2020 ongoing)
- The Arts for Earth, virtual community focused on arts for the environment. (12-present)
- Sound into Spirit, group sound explorations into connection with self, spirit and community. Glastonbury, Somerset, UK (2/7/11-5/31/11)
- Interfaith Taize, co-founded on-going, open, group with Natalie Fee. Glastonbury, Somerset, UK (11/09-8/10)
- The Presidio Dialogues. Executive Director Bohmian Dialogue forum. Managed and hosted monthly meetings at Saybrook Institute, S.F., USA. Dialogues focused on Conscious Business. (Three months training 10.11.12.06 and directed 1-3/07) – an average of 30 attendees/month w/ mailing list of over 300 members. (1/07-3/07)
- Offerings. Monthly music series @ Grace North Church, Berkeley, CA. Focus on music that heals and creates community. (10/04-12/05)
- Sound Healing Institute, SF, co-designed the new Sound Healing Program (2003)
- Gracelight Music & Sound Music Studios; Run privately owned recording & production studio. 24 track studio & Pro Tools, Class A equipment. (95-present)
- Events Booking Manager & Contract Negotiator. Grace North Church, 2138 Cedar Street, Berkeley, C.A., USA. (8/05-3/08)
- Artist Liaison Manager. Yoshi's Jazz Club, Oakland, C.A., USA. Managed team of 40 Volunteers; coordinated & organized artists/management/labels. (9/97-9/99)
- Music Video Coordinator @ Island Records (10/90-10/91)

CERTIFICATION & TRAINING

- Bobby McFerrin Circle Sing/Improv Vocal Training (Berkeley, 17-19 Aug 2022)
- [Linklater voice](#); Orkney, Scotland (8-14 March, 2020)
- [Rhiannon voice](#); Inverness, California (27 Feb- 2 Mar 2018 & 5-22 Jan 1997)
- [Jenni Roditti voice](#); London (29 September 2020)
- [JoAnn Saccato](#): 'Companioning The Sacred Journey'-compassion-based mindfulness 8 wk. (10/15)
- [Be The Change Training Course](#): 3-day Facilitator training on environmental sustainability, social justice and spiritual fulfillment. Pachamama Alliance. (3/13/10-3/16/10)
- [Mosaic Training](#): One day training direct method with Jo Thorpe, London (9/26/09)
Three day training, London w/Emma Biggs. Table top indirect method. (9/18/09-9/20/09)
- [NonViolentCommunication&MediationTraining](#):
One Week residential training w/Vicky Pierce (Trainer) @ The Barn, UK. (9/9/09-9/13/09)
BayNVC, Oakland, CA, USA. 8 week foundation training & 11 week intermediate training & Weekend training Consciousness & Spirituality in NVC. (1/16/08-3/19/08)
- [Sustainability & Leadership Training @ Embercombe](#):
The Journey: Assisting in leadership training. (3/21/20-3/26/10)
The Journey: One week intensive leadership training with an emphasis on sustainability and personal growth. (7/19/09-7/24/09)
- [Certificate of Authorization for Service](#): Instructor. Certificate # COAFS -07-388497. 'Sound, Nature & Consciousness', 'Music Therapy', 'Voice & Transformation' and 'Music Theory'. (valid 3/20/07-3/20/10)
- ['Expanding Creativity' Training Course](#): Creativity Facilitation and Professional Development.

Training agent; Margaret Blackwell @ Expanding Creativity (www.expandingcreativity.com) (9/06-3/07)

- TheCoachesTrainingInstitute: Life Coaching levels 1 & 2. San Rafael, CA, USA. (2005)
- BasicImprovisation: Pan Theater, Oakland, CA, USA. (www.pantheater.com) (2/08-3/08)
Develop presentation & speaking skills, improve listening skills, explore & develop creativity, understanding group dynamics and subtext, reducing criticism, increasing acceptance of oneself and others.
- ExploringMysticisminSoundandMusic: Sylvia Nakkach, CIIS, S.F., CA, USA. (11/17-18/07)
Experiential and academic exploration of multi-cultural uses of music for transition, healing and education.
- REIKI, EBB & LightBody: Symmetry Consulting, Judy Reis, CA, USA (1/1/93-6/1/93)
Degrees 1, 2 & 3, Energy Body Balancing (EBB), Light Body Graduate (D. Packer/S. Roman)

EDUCATION

- M.A. Consciousness Studies & Transformative Arts, emphasis Music; JFK University, Orinda, C.A., USA (9/00-9/04) (also attended CIIS briefly)
- B.A. Integral Studies, emphasis Music & Creativity. California Institute of Integral Studies (10/97-8/98). (Academy of Art College 1/95-8/96 and SF State University 9/96-9/97)
- Associates Degree Music Theory: Laney College, (1999-2000)
- Felsted School, Essex, U.K. (81-83). 'A' & 'S' Level English.
- Queenswood School, Hertfordshire, U.K. (76-81). 10 'O' Levels.

PUBLISHED

Music: Licensing with Pink Shark Music, LA (current)

Picture Perfect Music LLC Publishing dba All About Music (9/02-9/03)

Print: 'Golden Moments – a walk with Consciousness'; The Oracle, Glastonbury, UK (9/11)

'Sound of Nature & the Nature of Sound', Voices of the New Earth (4/04)

CURRENT & PAST RESEARCH COLLABORATIVE PROJECTS

- NFT/ART – exploring development of music, VR, spatial surround sound. Jair-Rohm Parker Wells, Brooke Einbender. (current)
- Dynamic Emergence – Consciousness in the Creative Collective – Mapping out Consciousness. Book exploring psycho- spiritual dynamics of relationship & communication for creative and transformation potential. Focus on energy, self-awareness, sound, music, silence and dialogue; how they contribute to clarity, self-awareness and creation of sustainable community.
- UCSF – Neuroscience Department. Using voice to alleviate mental fatigue. Using imagery to facilitate use of voice for self-relaxation. Researching sounds to use in virtual reality program.
- Tree Ring Productions – researching production of film Creativity Rising to express the cross disciplinary nature of the arts for health and peace.
- Sound Elixir – collaborative research using 5.1 unique sound placement for nature sound & healing journeys with a cross-reference between arts and science for conservation.

MEMBERSHIPS

- Consciousness Society, CA (2014 - present)
- Songtrust, USA (June 2013 - present)
- PPL (present)

- ASCAP – American Society of Composers, Authors and Publishers - USA (2002 - present)
- Awakening The Dreamer – Facilitator for Environmental sustainability, spiritual fulfillment & social justice. UK & USA (3/10 - present)
- Trustee & Member of Creative Visioning Committee; Grace North Church, Berkeley, CA (4/05-4/08)

ADDITIONAL ARTS, MUSIC & HEALING TRAINING

MUSIC:

Bobby McFerrin & Friends: 'Circle Sing', Berkeley, CA, USA (9/2022)
Rhiannon, 'All The Way In' – Advanced Vocal improv, Inverness, CA, USA: (27/2-3/2, 2018)
Chloe Goodchild; The Naked Voice, Chloe Goodchild, Marin, CA (04/16)
Vox Mundi Studios; Indian singing and chant, Sylvia Nakkach, Marin, CA, USA (2004)
Laney College, Music Theory classes, Oakland, CA, USA. (9.99-5.00)
Stanford Jazz Camp, Singing instruction, Madeline Eastman, Stanford, CA., USA (8.2.97–8.9.97)
Piano/music teacher, Peter Apfelbaum, Berkeley, C.A., USA (7.97-8.98)
Berkeley Jazz School, Advanced Jazz Theory - Mark Levine, CA., USA (4.22.97–5.27.97)
Jazz Camp West, Advanced vocal instruction - Kellye Gray, La Honda, CA., USA (6.21.97–6.2.97)
Rhiannon, 'All The Way In' - Vocal improvisation intensive (3 weeks), San Rafael, CA., USA (1.5.97–1.22.97)
Jeff Massanari, Guitar Playing & Theory, Oakland, CA., USA (97-98)
San Francisco State University, [Jazz Combo/Vocal Jazz, Pop & Jazz Harmonies, Guitar 1, Ear Training & Musicianship] S.F., CA., USA (9.96–10.97)
Brenda Boykin, Vocal training weekend intensive, Jazz and Blue Funshop, Oakland, CA. (93)
Open Ear Center; Pat Moffitt Cook, cross-cultural music therapy training intro (weekend '93)
IMW, Music Recording Introductory Course. London, UK. (92).
Various: group and individual instruction, London, U.K. (89-92) Drumming, Singing, Saxophone (group), Saxophone (individual) - Tommy Barlow, Joe Hatherill, Piano grade 5, The Royal Schools of Music. (80)

FILM & VIDEO:

The Stream: Film. (July 2014)
Music & Collaborator/Visionary w/Megan Hollingsworth - <https://vimeo.com/165395370>
Virgin: Film. (July 2014)
Music & Collaborator w/Megan Hollingsworth & Suellen Primost - <https://vimeo.com/100673266>
A Brief on Virgin: Film (July 2014)
Music & Collaborator w/Megan Hollingsworth & Suellen Primost -<https://vimeo.com/96578598>
Embodied Creativity: Film (June 2014)
Music & Collaborator w/Megan Hollingsworth & Suellen Primost - <https://vimeo.com/99325707>
C-George: Film. (2009)
Actor & Co-Director: 15 minute film focused on the beautiful relationship of an aged couple - George and Mimi. George becomes acquainted, after years of searching, with his 'higher self/spirit' and eventually dies.
Role: Clare played Mimi (wife of lead). Also helped direct with ideas and cinematography. This was a collaborative piece between four participants who played the characters in it.
Commotion Pictures - Production Co., S.F., C.A., USA (9.92–9.93) Production/Art Assistant in Music and Corporate Video Production.
Island Records, London, UK. (10.90-10.91) Music Video Coordinator and Researcher.
Duties included finding suitable directors and production companies, selecting treatments, attending creative meetings, shoots, monitoring off-line and on-line editing and budgeting. In addition, worked on researching for TV pilot for comedian/musician John Shuttleworth at Island Music.
Popata Productions, London, UK. (9.90) Runner/Production Assistant/Craft Service. Art dept, photography, set up, artist liaison.

PHOTOGRAPHY & ART CLASSES:

Welding internship w/Brian: Kelseyville (2016)

Mendocino College, Ukiah, CA, (Spring 2015) Ceramics

San Francisco State University, S.F., CA., (9.96–10.97) Ceramics 1, Figure Drawing & Painting 2

Academy of Art College, S.F., CA, (1.95–8.96) Design & Materials, Sculpture 1, Still Life Painting 1,

Drawing Principles, Electronic Editing 1, Introduction to Computer Arts, Desktop Design 1

The San Francisco School of Art, Figure Drawing - mixed media, S.F., CA., USA (6.96-8.96)

Fantasy Finishes, Specialized paint finishes (faux) – trained by Tim Duddfield. Gloucestershire, UK., (91 & 94)

City Lit College, Figure Drawing. London, UK. (91-92)

Polytechnic of Central London, 'Starting Photography' - Geoffrey Attridge & 'Still Life Photography' - Mark Tyrrell/Lorrise Carse – Wilen/ London, U.K. (7.91-12.91)

HEALING:

Light Body Graduate Training, OR., USA (2008)

Body & Soul Conference, Undergraduate registration, raising awareness of conscious living, CO., USA (7.11-13.97)

Naropa Institute, Cellular & Human Consciousness - Susan Aposhyan & Bruce Lipton & Dying to be Born – Christine Caldwell. Boulder, CO., USA (7.7–11.97) (two 1 week classes)

City Lit. College, 'Spiritual Psychology' - Jamie Moran (3 months) London, U.K. (9.12.94–12.14.94)

Infinity Bookstore, 'Psychic Empathy' course - Judi Simone (8 weeks) CA., USA (93)

Sesame College, Drama and Movement Therapy - Mary Smaile (1 week) London, UK. (91)

Symmetry Consulting, REIKI - Degrees 1 & 2, Energy Body Balancing (EBB), Light Body

Graduate (Orin/Daben - 6 month+ training) Judy Reis, CA., USA (1.1.93–6.1.93)

College of Psychic Studies, Healing and Psychic Surgery - Geoff Boltwood (8 weeks), Spiritual and Psychic Development - Julie Soskin (8 weeks). London, U.K. (89)

Psychosynthesis Counseling Education Trust Introductory experiential Psychosynthesis study: creative visualization and hypnosis. London (6.86) 1 week

References Upon Request